SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

THE FIVE PILLARS

- Days with Dignity
- Engaging the Senses
- Culinary Experiences
- Personalized & Holistic Care
- Team Approach

Memory Care October Calendar

1 — REMINISCING-AUTUMN TRIP DOWN MEMORY LANE

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	FRUIT CUPS AND CURRENT EVENTS
ES	12:30	COLOR THE PUMPKINS
ES	1:30	PUDDING AND FAMOUS PHRASES WORD GAMES
ES	2:30	CRAFTY CORNER- POPSICLE STICK SCARECROWS
TA	**3:30**	**REMINISCING- AUTUMN TRIP DOWN MEMORY LANE**
ES	5:00	EVENING MOVIE AND SNACKS

2 — KOZY KITCHEN BAKING SURPRISE

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	**11:00**	**KOZY KITCHEN- BAKING SURPRISE**
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE AND SNACKS

3 — KOZY KITCHEN PEANUT BUTTER SPIDER SANDWICHES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	**11:00**	**KOZY KITCHEN- PEANUT BUTTER SPIDER SANDWICHES**
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE &CHEESE & HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE FALL LEAVES
ES	5:00	EVENING MOVIE AND SNACKS

4 — DONUTS, COFFEE AND CURRENT EVENTS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	**11:00**	**DONUTS, COFFEE AND CURRENT EVENTS**
ES	12:30	COLOR THE FALL LEAVES
ES	1:30	PUDDING &FAMOUS PHRASES WORD GAMES
ES	2:30	CRAFTY CORNER- POPSICLE STICK SCARECROWS
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

5 — MUSIC THERAPY ON THE FIRST FLOOR

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	**10:00**	**MUSIC THERAPY ON FIRST FLOOR**
CE	11:00	KOZY KITCHEN-BAKING SURPRISE
PH	12:30	SPA DAY AND HAND MASSAGES
TA	1:30	APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS
ES	2:30	CRAFTY CORNER- POPSICLE STICK SCARECROWS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
ES	3:30	COLOR THE FALL LEAVES
ES	5:00	EVENING MOVIE WITH SNACKS

6 — PUDDING & FAMOUS WORD PHRASES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	FRUIT CUPS AND CURRENT EVENTS
ES	12:30	COLOR THE FALL LEAVES
ES	**1:30**	**PUDDING & FAMOUS WORD PHRASES**
ES	1:30	ZUMBA IN FIRESIDE LOUNGE
ES	2:30	CRAFTY CORNER- POPSICLE STICK SCARECROWS
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

7 — KOZY KITCHEN-APPLE MOUTHS W/MARSHMALLOW TEETH

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	**11:00**	**KOZY KITCHEN- APPLE MOUTHS WITH MARSHMALLOW TEETH**
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE FALL LEAVES
ES	5:00	EVENING MOVIE AND SNACKS

8 — NATIONAL CARD MAKING DAY

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	FRUIT CUPS AND CURRENT EVENTS
ES	12:30	COLOR THE FALL LEAVES
ES	1:30	PUDDING AND FAMOUS PHRASES WORD GAMES
ES	**2:30**	**CRAFTY CORNER- CARD MAKING**
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

9 — COLOR THE FALL LEAVES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	**11:00**	**KOZY KITCHEN- BAKING SURPRISE**
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	**3:30**	**COLOR THE FALL LEAVES**
ES	5:00	EVENING MOVIE AND SNACKS

10 — BARBER SHOP AND BEAUTY SALON

PH	**9:15**	**BARBER SHOP & BEAUTY SALON**
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	KOZY KITCHEN-PEANUT BUTTER SPIDER SANDWICHES
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE AND SNACKS

11 — COLOR THE PUMPKINS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	DONUTS, COFFEE & CURRENT EVENTS
ES	**12:30**	**COLOR THE PUMPKINS**
ES	1:30	PUDDING &FAMOUS PHRASES WORD GAMES
ES	2:30	CRAFTY CORNER- FOAM CRAFT
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

12 — JACK-O-LANTERN BALLOON TOSS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	10:00	MUSIC THERAPY ON SECOND FLOOR
CE	11:00	KOZY KITCHEN-BAKING SURPRISE
PH	12:30	SPA DAY AND HAND MASSAGES
TA	1:30	APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS
ES	**2:30**	**JACK-O-LANTERN BALLOON TOSS**
ES	2:30	CHAIR YOGA IN THEATER ROOM
ES	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE WITH SNACKS

13 — REMINISCING-AUTUMN TRIP DOWN MEMORY LANE

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	FRUIT CUPS AND CURRENT EVENTS
ES	12:30	COLOR THE PUMPKINS
ES	1:30	PUDDING AND FAMOUS WORD PHRASES
ES	1:30	ZUMBA IN FIRESIDE LOUNGE
ES	2:30	CRAFTY CORNER- FOAM CRAFT
TA	**3:30**	**REMINISCING- AUTUMN TRIP DOWN MEMORY LANE**
ES	5:00	EVENING MOVIE AND SNACKS

14 — MORNING CHAIR EXERCISES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	**10:00**	**MORNING CHAIR EXERCISES**
ES	11:00	KOZY KITCHEN- APPLE MOUTHS WITH MARSHMALLOW TEETH
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE AND SNACKS

15 — PUDDING & FAMOUS WORD PHRASES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	FRUIT CUPS AND CURRENT EVENTS
ES	12:30	COLOR THE PUMPKINS
ES	**1:30**	**PUDDING AND FAMOUS PHRASES WORD GAMES**
ES	2:30	CRAFTY CORNER- FOAM CRAFT
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

16 — COLOR THE PUMPKINS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	11:00	KOZY KITCHEN- BAKING SURPRISE
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	**3:30**	**COLOR THE PUMPKINS**
ES	5:00	EVENING MOVIE AND SNACKS

17 — COLOR THE FALL LEAVES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	KOZY KITCHEN-PEANUT BUTTER SPIDER SANDWICHES
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	**3:30**	**COLOR THE FALL LEAVES**
ES	5:00	EVENING MOVIE AND SNACKS

18 — PUDDING AND FAMOUS PHRASES WORD GAMES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	DONUTS, COFFEE & CURRENT EVENTS
ES	12:30	COLOR THE FALL LEAVES
ES	**1:30**	**PUDDING AND FAMOUS PHRASES WORD GAMES**
ES	2:30	CRAFTY CORNER- POPSICLE STICK SCARECROWS
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

19 — CHAIR YOGA IN THE THEATRE ROOM

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	10:00	MUSIC THERAPY ON FIRST FLOOR
CE	11:00	KOZY KITCHEN-BAKING SURPRISE
PH	12:30	SPA DAY AND HAND MASSAGES
TA	1:30	APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
ES	**2:30**	**CHAIR YOGA IN THEATER ROOM**
ES	3:30	COLOR THE FALL LEAVES
ES	5:00	EVENING MOVIE WITH SNACKS

20 — FRUIT CUPS AND CURRENT EVENTS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	**11:00**	**FRUIT CUPS AND CURRENT EVENTS**
ES	12:30	COLOR THE FALL LEAVES
ES	1:30	PUDDING AND FAMOUS PHRASES WORD GAMES
ES	1:30	ZUMBA IN FIRESIDE LOUNGE
ES	2:30	CRAFTY CORNER- POPSICLE STICK SCARECROWS
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

21 — JACK-O-LANTERN BALLOON TOSS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	11:00	KOZY KITCHEN- APPLE MOUTHS WITH MARSHMALLOW TEETH
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	**2:30**	**JACK-O-LANTERN BALLOON TOSS**
DD	3:30	COLOR THE FALL LEAVES
ES	5:00	EVENING MOVIE AND SNACKS

22 — REMINISCING-AUTUMN TRIP DOWN MEMORY LANE

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	FRUIT CUPS AND CURRENT EVENTS
ES	12:30	COLOR THE FALL LEAVES
ES	1:30	PUDDING AND FAMOUS PHRASES WORD GAMES
ES	2:30	CRAFTY CORNER- POPSICLE STICK SCARECROWS
TA	**3:30**	**REMINISCING- AUTUMN TRIP DOWN MEMORY LANE**
ES	5:00	EVENING MOVIE AND SNACKS

23 — KOZY KITCHEN BAKING SURPRISE

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	**11:00**	**KOZY KITCHEN- BAKING SURPRISE**
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE FALL LEAVES
ES	5:00	EVENING MOVIE AND SNACKS

24 — SPA DAY AND HAND MASSAGES

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	KOZY KITCHEN-PEANUT BUTTER SPIDER SANDWICHES
PH	**12:30**	**SPA DAY AND HAND MASSAGES**
ES	1:30	APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE AND SNACKS

25 — CRAFTY CORNER HALLOWEEN WREATHS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	DONUTS, COFFEE & CURRENT EVENTS
ES	12:30	PUDDING &FAMOUS PHRASES WORD GAMES
ES	1:30	JACK-O-LANTERN BALLOON TOSS
ES	**2:30**	**CRAFTY CORNER- HALLOWEEN WREATHS**
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACK

26 — APPLE JUICE, CHEESE & HALLOWEEN FUN FACTS

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	10:00	MUSIC THERAPY ON SECOND FLOOR
CE	11:00	KOZY KITCHEN-BAKING SURPRISE
PH	12:30	SPA DAY AND HAND MASSAGES
TA	**1:30**	**APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS**
ES	2:30	JACK-O-LANTERN BALLOON TOSS
ES	2:30	CHAIR YOGA IN THEATER ROOM
ES	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE WITH SNACKS

27 — ZUMBA IN THE FIRESIDE LOUNGE

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	**11:00**	**FRUIT CUPS AND CURRENT EVENTS**
ES	12:30	PUDDING AND FAMOUS PHRASES WORD GAMES
ES	1:30	JACK-O-LANTERN BALLOON TOSS
ES	**1:30**	**ZUMBA IN FIRESIDE LOUNGE**
ES	2:30	CRAFTY CORNER- HALLOWEEN WREATHS
TA	3:30	REMINISCING- AUTUMN TRIP DOWN MEMORY LANE
ES	5:00	EVENING MOVIE AND SNACKS

28 — KOZY KITCHEN-APPLE MOUTHS W/MARSHMALLOW TEETH

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
ES	**11:00**	**KOZY KITCHEN- APPLE MOUTHS WITH MARSHMALLOW TEETH**
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE AND SNACKS

29 — BIRTHDAY CELEBRATION

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	KOZY KITCHEN- BIRTHDAY CUPCAKES
ES	12:30	COLOR THE FALL LEAVES
ES	1:30	PUDDING AND FAMOUS PHRASES WORD GAMES
CE	**2:30**	**BIRTHDAY CELEBRATION**
ES	3:30	HAVE FUN WITH HAPPY HOUR
ES	5:30	EVENING MOVIE WITH SNACKS

30 — APPLE JUICE, CHEESE & HALLOWEEN FUN FACTS

PH	**9:15**	**BARBER SHOP & BEAUTY SALON**
ES	10:00	MORNING CHAIR EXERCISES
ES	11:00	KOZY KITCHEN- BAKING SURPRISE
PH	12:30	SPA DAY AND HAND MASSAGES
ES	**1:30**	**APPLE JUICE AND CHEESE AND HALLOWEEN FUN FACTS**
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE PUMPKINS
ES	5:00	EVENING MOVIE AND SNACKS

31 — HAPPY HALLOWEEN

PH	9:15	BARBER SHOP & BEAUTY SALON
ES	10:00	MORNING CHAIR EXERCISES
CE	11:00	KOZY KITCHEN-PEANUT BUTTER SPIDER SANDWICHES
PH	12:30	SPA DAY AND HAND MASSAGES
ES	1:30	APPLE JUICE & CHEESE & HALLOWEEN FUN FACTS
ES	**2:00**	**HALLOWEEN SHOW IN THE FIRESIDE LOUNGE**
ES	2:30	JACK-O-LANTERN BALLOON TOSS
DD	3:30	COLOR THE FALL LEAVES
ES	5:00	EVENING MOVIE AND SNACKS

SPECIAL EVENTS FOR OCTOBER

- Birthday Celebration!
- Chair Yoga
- Halloween Show in the Fireside Lounge
- Music Therapy
- Zumba in the Fireside Lounge

ACTIVITIES FOR OCTOBER

- Apple Juice & Cheese & Halloween Fun Facts
- Barber Shop & Beauty Salon
- Color the Pumpkins
- Color the Fall Leaves
- Crafty Corner- Popsicle Stick Scarecrows
- Crafty Corner- Halloween Wreaths
- Evening Movie & Snacks
- Fruit Cups and Current Events
- Jack-O-Lantern Balloon Toss
- Kozy Kitchen- AppleMouths with Marshmallow Teeth
- Kozy Kitchen- Baking Surprise
- Kozy Kitchen- Peanut Butter Spider Sandwiches
- Reminiscing- Autumn Trip Down Memory Lane
- Pudding and Famous Phrases Word Games
- Spa Day & Hand Massages

OCTOBER BIRTHDAYS

- Lucille.....October 18th
- Alfred.....October 20th
- Jane.....October 23rd
- John.....October 31st

MORNING ACTIVITIES:

- TOSS AND CATCH WITH YOUR NEIGHBORS
- MEMORY GAMES
- PAIR AND SORT THE SOCKS
- INSPIRATIONAL WORD OF THE DAY
- LET'S BAKE A SURPRISE TREAT!

AFTERNOON ACTIVITIES:

- WORD RECOGNITION GAMES
- HANG MAN
- WRITE A LETTER
- WORD SCRAMBLE
- PARACHUTE

EVENING ACTIVITIES:

- CARD GAMES
- LET'S PAINT/COLOR
- LET'S READ A STORY
- MATCHING GAMES
- TOSS AND CATCH WITH YOUR NEIGHBORS